



USD Dining
SPECIALTY PANTRY



*Regional dishes from
the Mediterranean*

Gluten-free:

Lunch: Salmon, Steak,
Vegetables

Dinner: Brown or Steamed
Rice*, Chicken or Fish,
Marinara Sauce, Vegetables,
By request: Pasta, Alfredo Sauce

Vegan:

Lunch: Daily Entree,
Vegan Sides
Dinner: Pasta, Steamed or
Brown Rice*, Vegan Chicken,
Tofu, Vegetables

 **Refrigerator Case**
(near Tapenade)

*Many Specialty Pantry condiments
and available at dinner:*

Vegan Grab & Go Meals
Halal Grab & Go Meals
(Halal also available at lunch)



*Classic American fare- breakfast
and char grilled entrees*

Gluten-free:

Lunch & Dinner: Boca (Veggie)
Burger or Burger with G-free
Bun* (or no Bun) and no
dressing, Grilled Cheese, Tuna-
Melt, Turkey-Avocado Club,
Grilled Rosemary Chicken Club
with G-free Bread* or no Bread

Breakfast: Eggs, Meats,
Toast*, Bagels*

Ask the chef for gluten-free
Pancakes

Vegan:

Boca (Veggie) Burger

Dining Services
proudly serves



cage-free eggs that are free
of hormones and antibiotics
from Wilcox Family Farms.



*Wood-fired pizza, piadine,
calzones and Italian casseroles*

Gluten-free:

Pizza/Piadines made with
G-free Dough (by request)

Vegan:

The Vegan Pizza, any Pizza,
Piadine or Calzone without
Cheese or Meat



*Authentic Mexican cuisine
and tortilleria*

Gluten-free:

Beef, Chicken, Carnitas,
Brown or Steamed Rice*,
Beans, Corn Tortillas,
By request: G-f Tortillas

Vegan:

Taco Salad or Corn Tacos
with Vegan Beef or Vegan
Chicken, Brown or Steamed
Rice*, Beans



Hearty soups and chilis

Gluten-free:

Lunch & Dinner: one
Soup daily
Breakfast & Brunch:
Oatmeal

Vegetarian: check for
daily selection



SECRET
INGREDIENT

*Live action cooking station featuring
a new specialty ingredient daily*

Gluten-free/Vegan:

Ask chef about today's recipe



*Japanese cuisine - sushi,
sashimi and bento boxes*

Gluten-free: any Roll
without Eel Sauce or
regular Soy Sauce,
In the refrigerator/ by request:
G-f Soy Sauce

Vegan: Vegan Roll,
Edamame, Seaweed Salad

 **Rice Station**
(near Nori Now)

***Gluten-free:** Steamed or,
Brown Rice (also Vegan)



CHIVES

*Salad bars with fresh, local
and organic produce*

Gluten-free:

Fruit, Vegetables, Yogurt,
Cottage Cheese, Balsamic

Vegan:

Fruits, Vegetables, Tofu



Delightful desserts and sweets

Gluten-free/Vegan:

Check daily selections



*Authentic Chinese
wok stir-fry*

Gluten-free:

Steamed or Brown Rice*,
In the refrigerator/ by request:
G-f Soy Sauce

Vegan:

Fried Rice,
Chow Mein, Vegetables



*Traditional Vietnamese
Dishes & Pho Bowls*

Gluten-free: Chicken,
Beef, Tofu, Vegetable Curry
on Steamed* or Brown
Rice*, *By request:* G-f Soy
Sauce

Vegan: Tofu Pho, Tofu
Curry, Vegetables



Assorted cereals & toppings

Gluten-free:

By request: Cereal

 **Freezer**

(near Out of the Box)

***Gluten-free:**
Buns, Bread, Bagels